

Table of Contents

<u>CD Track Number(s)</u>	<u>Page</u>
Foreword	i
Acknowledgements	ii
Table of Contents	iii, iv
2, 3 How to use this method	1
How to use this method (continued) if you've got a:	
• Concert or Tenor 'ukulele	1
• Soprano 'ukulele	2
4 • 'Ukulele's with D6 (A D F# B) Tuning	2
• 6 or 8 string 'ukuleles	3
5 • Baritone 'ukulele	3
• a Guitar	3, 4
A Brief History of the 'Ukulele	5, 6
The 'Ukulele and its Parts	7
6 Tuning the 'Ukulele	8
Strings, notes and right-hand fingering conventions	9
Reading 'Ukulele Tablature	9
Right and Left Hand Position Pictures	10, 11, 12
7, 8 A discussion on fingerpicking techniques	13
9 'Ukulele options for Left-Handers	14
Pekelo's Practice Tips	15
Using the CD	16
Comparative Note Values: Whole, Half and Quarter notes	17
Time Signatures	17
10, 11, 12 Notes on Strings 1, 2 & 3	18
13, 14, 15 3/4 Time signature & single string exercise on <i>Te Tama</i>	19
16, 17 Eighth Notes	20
18 Notes played on the 4 th String	21
19 Rests, Ties	21
20, 21 Eighth Note Exercise No. 22-1	22
2/4 Time Signature	22
Winona Beamer	22
22, 23 <i>Pūpū Hinuhinu</i>	23
24, 25 Sharps and Flats	24
26, 27, 28, 29 Naturals	25
30 Exercise No. 26-1	26
John Almeida	26
31, 32 <i>Green Rose Hula</i>	27
33, 34 Exercise No. 28-1	28
35, 36, 37 Exercise No. 28-2.	28
Left Hand Fingering Conventions	29
38, 39 Exercise No. 30-1	30
40 Left Hand Fingering Tips	31